

PSHE Long-term Plan

3 Key Areas: 1. Health and Wellbeing

2. Relationships

3. Living in the Wider World

<u>Key stage 1</u>	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>1</u>	New beginnings	People who help us including Remembrance Day	Keeping Fit	Who can help me in an emergency?	Amazing bodies Growing and changing	Good to be me
<u>2</u>	Feelings	Anti-bullying week Children in Need	Rule of law	Environment	Dental hygiene	Ageing
<u>3</u>	Friendship	Road safety week	Chinese New Year	St Patrick's Day	Money	Asking for help
<u>4</u>	Keeping healthy	Family	Internet Safety	Managing anger and conflict	Responsibilities	Hygiene
<u>5</u>	Eid? World Animal Day	Keeping safe	Privacy	Relationships	Consequences	Secrets versus surprises
<u>6</u>	Significant Individuals Black history month	Belonging	Challenging Stereotypes	Good and bad Relationships		Keeping safe
<u>7</u>	Respect	New Year Goals				Coping with change
<u>8</u>	Diwali Guy Fawkes Bonfire Night safety					

<u>Key stage 2</u>	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>1</u>	New beginnings	Listening and responding	Getting on and falling out	First Aid	Amazing bodies Growing and changing	National Volunteer Week
<u>2</u>	Feelings	Anti-bullying week Children in Need	Rule of law	Personal space and privacy	The World of Work	Ageing
<u>3</u>	Friendship	Road safety week	Chinese New Year	Media	Money	Asking for help
<u>4</u>	Keeping healthy	Developing values	Internet Safety	Managing anger and conflict	Responsibilities	Hygiene
<u>5</u>	Eid World Animal Day	Rights and responsibilities	Relationships	Relationships	Consequences	Habits
<u>6</u>	Significant individuals Black history month	Belonging	Challenging Stereotypes	Good and bad Relationships		Keeping safe
<u>7</u>	Respect	New Year Goals				Coping with change
<u>8</u>	Guy Fawkes Bonfire Night safety					