

# Harewood Primary School

## Children's Anti Bullying Policy 2021

Adopted by Governors on \_\_\_\_\_

Signed \_\_\_\_\_ (Head teacher)

Date \_\_\_\_\_

# Harewood Primary School Anti Bullying Policy

Our School wants to be a caring, friendly and safe place for all children so they can learn in a relaxed and happy atmosphere. We don't want bullying of any kind in our school. We all want to stop bullying and each person in school needs to have the same idea of what bullying is. When bullying does happen, all children should be able to tell and know that it will be dealt with.

## What is Bullying?

*Bullying is deliberately hurtful behaviour that is repeated over a period of time and where it is difficult for the victim to defend themselves.*

<b>Bullying can be:</b>	<b>This means:</b>
Emotional	<ul style="list-style-type: none"><li>• being unfriendly, stopping children from joining in games</li><li>• giving dirty looks</li><li>• sending nasty texts / emails</li></ul>
Physical	<ul style="list-style-type: none"><li>• pushing, kicking, hitting, punching</li><li>• threatening somebody</li><li>• taking or damaging other people's things</li></ul>
Verbal	<ul style="list-style-type: none"><li>• name calling</li><li>• spreading rumours</li><li>• teasing</li><li>• whispering about somebody else</li></ul>
Sexual	<ul style="list-style-type: none"><li>• unwanted physical contact or sexually abusive comments</li><li>• kissing somebody when they don't want to be kissed</li></ul>
Homophobic	<ul style="list-style-type: none"><li>• teasing, hurting, calling somebody names; stopping them from joining in or making jokes because of their sexual orientation</li><li>• calling somebody 'gay' as an insult.</li></ul>
Disability	<ul style="list-style-type: none"><li>• teasing, hurting, calling somebody names; stopping them from joining in or making jokes because they have a disability or special need</li></ul>
Racist	<ul style="list-style-type: none"><li>• teasing, hurting, calling somebody names; stopping them from joining in or making jokes because of their race.</li><li>• calling somebody a 'paki'</li></ul>
Online / Cyber	<ul style="list-style-type: none"><li>• bullying online using social media. It can include sending nasty messages, posting embarrassing or humiliating images, spreading rumours or harassing or intimidating using technology.</li></ul>

Sometimes children are not nice to each other and they can call each other names or even hit or hurt them. This does not mean they are a bully. Bullying happens over and over again and is meant to hurt and upset the victim. It is difficult for the victim to defend himself or herself.

## Aims of the policy:

We want everybody to

- Know what bullying is
- Know the signs of bullying
- Know what school thinks about bullying
- Know what to do when bullying happens

## Signs of bullying

Children might show signs or behaviour that he or she is being bullied. Everybody should know this and check if a child:

1. changes their behaviour
2. becomes upset

3. becomes aggressive
4. doesn't want to go to school
5. says they feel poorly in the morning
6. doesn't want to eat
7. has cuts or bruises and they won't say how they got them
8. begins bullying other children
9. is frightened to say what is wrong

**What to do if you are being bullied:**

ALWAYS TELL AN ADULT

Tell someone in private. You could tell:

- An adult in school; a teacher, a teaching assistant; a dinner supervisor; Mrs Heywood or Mrs Dawson.
- Write in your Friday book.
- An adult at home; mum, dad, auntie, uncle, grandma, grandad. They could then help you tell somebody at school.

**If you see someone being bullied:**

DON'T KEEP QUIET - TELL

**Parent's need to:**

- Tell school if they are worried about their child being bullied. They should talk to a member of staff; the Parent Support Advisor; Louise Anderson, the Head teacher; Mrs Heywood or Mrs Dawson; Deputy Head and Lead Behaviour Teacher. Cases of bullying will be dealt with seriously and consistent procedures will be adopted.

**School will:**

- Always listen and find out what has been happening.
- Tell Mrs Heywood or Mrs Dawson who deal with bullying.
- Talk to different people to find out as much as possible.
- Use Restorative Practice to deal with bullying.
- Talk to both the wronged child and the perpetrator.
- Include both children in the outcome and where appropriate the class or a group is part of the conversation.
- Teachers will focus on repairing relationships.
- Time will be organised to enable restorative conversations to occur.
- Talk to parents of the bully and the child who has been bullied.
- Choose an adult to help the child who has been bullied. They will be able to go back to them if they have any other problems.
- Deal with the bully and make sure it stops.

**Raising Awareness**

We will use the slogan '**STOP**'

Several

Times

On

Purpose

Posters will be put in each classroom using the slogan and the following information:

Don't get involved

Don't just stand and watch

Don't tell the bully that you will report them, but you must report them

Reviewed: September 2021

To be reviewed September 2022

---