



Harewood Primary School Menu

Weekly Menu 3

18th September, 16th October, 20th November & 18th December, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Baked Chicken Sausages Oven Roasted Potatoes Baked Beans Garden Peas	Lasagne Homemade Garlic Bread Mixed Vegetables Broccoli	Chicken Curry & Rice Garden Peas Cauliflower	Homemade Pizza (V) Oven Roasted Potatoes Spaghetti Hoops	Fish Cake Oven Baked Chips Garden Peas Baked Beans
	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)
Cold Selection	Egg Mayonnaise Sandwich (V) Cheese Sandwich (V) Homemade Quiche (V) Oven Roasted Potatoes	Tuna Sandwich Egg Sandwich (V) Homemade Quiche (V) Baked Jacket Potatoes	Cheese Sandwich (V) Tuna Sandwich Homemade Quiche (V) Oven Roasted Potatoes	Cheese Sandwich (V) Tuna Sandwich Homemade Quiche (V) Oven Roasted Potatoes	Egg Sandwich (V) Tuna Sandwich Homemade Quiche (V) Oven Baked Chips
Desserts	Jam Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Ginger Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Chocolate Crunch with Custard Sauce Cold Bar Fresh Fruit Salad	Eve's Pudding with Custard Sauce Cold Bar Fresh Fruit Salad	Decorated Iced Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt